

Pressure ulcers and chronic wounds must heal: from accurate surgery to advanced wound management

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ABSTRACT

Pressure ulcers and chronic wounds are frequently the cause of preventable serious complications in the elderly population, like sepsis and renal failure. The primary surgical procedure must be designed in a way to enable healing not as a first-time debridement. Rules for a successful surgery will be exposed. Wound care is never a matter of cleaning and changing gauzes. It is a meeting with the wound, reading its needs and providing the best specific type of dressing. In hard-to-heal wounds, advanced techniques like platelet rich plasma (PRP) and negative pressure wound therapy (NPWT) help achieving a near guaranteed healing at a 4 times faster rate.